

## In-gel Trypsin Digestion and Peptide Extraction

1. Digest protein.
  - a. Prepare 20 µg/mL trypsin in 20 mM ammonium bicarbonate. Use only sequencing grade trypsin, which can be purchased from Sigma or Promega. We purchase Trypsin Gold from Promega (cat. no. V5280).
    - i. Prepare a 1 mg/mL stock of trypsin in acetic acid buffer. For Promega Trypsin Gold, resuspend 100 µg lyophilized trypsin in 100 µL acetic acid buffer.
    - ii. Aliquot 10 µL to 10 microfuge tubes and store at -80°C.
    - iii. Dilute each 10 µL aliquot with 500 µL of 20 mM ammonium bicarbonate.

15.8 mg ammonium bicarbonate  
10 mL H<sub>2</sub>O

- b. Add 10 µL trypsin solution to each gel plug (for 2.0 mm diameter gel plugs). Seal plate/tube. If working with gel bands, increase volume relative to gel amount.
    - c. Incubate gel plugs at 37°C for 2 hours-overnight.
  2. Extract and dry peptides.
    - a. Add 60 µL 50% acetonitrile/0.1% TFA to each gel plug (for 2.0 mm diameter gel plugs). Incubate at room temperature for 20 minutes. If working with gel bands, increase volume relative to gel amount.

500 µL acetonitrile  
500 µL H<sub>2</sub>O  
1 µL TFA

- b. Remove extract solution and save.
      - c. Add 40 µL 50% acetonitrile/0.1% TFA to each gel plug (for 2.0 mm diameter gel plugs). Incubate at room temperature for 20 minutes. If working with gel bands, increase volume relative to gel amount.
      - d. Remove extract solution and combine with earlier saved extract solution.
      - e. Dry combined extract solution. Sample can be shipped overnight at ambient temperature.